Music as an Aspect of the Human Spirit

Music is the language that everyone speaks and understands. We are all born rhythmical people; we lived with our mother's heartbeat for nine months before we were born. We all live with the rhythms of our respiration and heartbeat. The human body and voice has surely been used in early artistic self-expression not only by ancient humans, but by every child today.

Music might be the most powerful vehicle of human expression. As the embodiment of love, disapproval, happiness, and experiences in life, songs speak loudly. Cultures of the human experience instinctively and systematically change music of the past in order to represent realities of the present. Everyone's had experience of music...someone starts humming a tune or singing something or someone hear a song and we just can't get it out. Aaron Copland, a renowned composer has expressed music as "So long as the human spirit thrives on this planet, music in some living form will accompany and sustain it and give it expressive meaning.". Good music affects the soul in a very positive way. Because music has an attitude, the music we listen to will change our attitude to match with the music's feeling. Music penetrates our mental barriers and influences the deepest areas of our mind. The right music, combined with the right affirmations for success, can have a huge effect on our receptivity.

Recently a number of reports have appeared that attest to the connection between music and academic achievement. The academic achievement of Hungarian students, especially in math and science, continues to be outstanding. Recently a research shows that the children who were taking music and painting classes suddenly began to excel in math at school. Another report disclosed the fact that the foremost technical designers and engineers in Silicon Valley are almost all practicing musicians. A third report reveals that the schools who produced the highest academic achievement in the United States today are spending 20 to 30% of the day on the arts, with special emphasis on music.

The joy of learning that comes from listening to and making music. When all educators recognize the value of music as an integral and essential part of the curriculum, we will see more opportunities for all students to be successful.
Why is the music Important?

1. It is the language that all people speak—that overlaps across racial, cultural, social, educational, and economic barriers and enhance cultural appreciation and awareness.
2. It is symbolic systems as important as letters and numbers.
3. It integrates mind, body, and spirit.
4. It provides opportunities for self-expression, bringing the inner world into the outer world of concrete reality.
5. It creates a seamless connection between motivation, instruction, assessment, and practical application—leading to "deep understanding."
6. It makes it possible to experience the processes from beginning to end.
7. It provides immediate feedback and opportunities for reflection.
8. It makes it possible to use personal strengths in meaningful ways and to bridge into understanding sometimes difficult abstractions through these strengths.
9. It merges the learning of process and content.
10. It improves academic achievement—enhancing test scores, attitudes, social skills, critical and creative thinking.
11. It exercises and develop higher order thinking skills including analysis, synthesis, evaluation, and "problem-finding."
12. It is an essential component of any alternative assessment program.
13. It provides the means for every student to learn.

Lions club of Balkumari college is practicing..... listening, humming and singing music in their meetings as well as in different formal and informal programmes as a source of refreshment.

लायंस क्लब अफ बालकुमारी कलेज
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शुभ-कामना व्यक्त गर्दछु ।
म. प्र. आ. प्र. फैन्सी कर्नर
पुतली बजार, नारायणगढ
फोन : ५२९४०९
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